# Dragonboat



## Evoke the sporting spirit of your team

Dragon boating originated in China and has been practised there for more than 2000 years.

In dragon boating, the team members sit in a long boat that is usually decorated with a dragon's head and tail. The boat is steered by an experienced helmsman who gives the commands and keeps the boat on course. The team's goal is to paddle the boat as fast as possible over a certain distance.

During dragon boating, teamwork, coordination and communication are essential. Each team member must paddle in unison with the others to effectively propel the boat. This requires close cooperation and a high level of trust between team members.

Dragon boating is not only a fun activity, but can also help to build a sense of togetherness and team spirit. By working together to achieve a goal and overcoming various challenges, participants can increase their confidence in their abilities and the abilities of their teammates.

## Topic / Methaphor:

- Communication
- Strategic planning
- •Team

### **Group Size:**

- •up to 10 pers.
- ·10-20
- •20-40

#### **Duration:**

two hours

#### Season:

- Summer
- Outdoor

#### Price Per Person Up

€ 140,00